



Sick Pay

Statutory Sick Pay is the minimum amount of sick pay you should receive from your employer if you are off from work due to sickness. Your employer might pay more under their own rules, but they can't pay less.

You are only able to get Statutory Sick Pay after you have been sick for four or more days (including non-workdays such as weekends). This means you do not get paid Statutory Sick Pay for the first three days you are sick.

Amount

Statutory Sick Pay is set at a weekly rate of £109.40 from 6 April 2023 but is usually worked out daily. The amount you actually get depends on the number of days you normally work each week and how many of those days you are off sick.



How to get Statutory Sick Pay

Statutory Sick Pay is available for everyone who is an 'employed earner' (those who are working for an employer who has a liability to pay National Insurance contributions for them), and who have done some work under their contract (even if this is just a few hours' worth). This means that if you are in a new job – you may qualify for Statutory Sick Pay even if you have not been paid yet.

If you are off sick and qualify for Statutory Sick Pay, your employer should pay it to you automatically through the payroll and at the normal time. It is subject to tax and NIC just like other wages, although if it is the only amount being paid to you in, it may fall below the amount that tax and NIC is taken.

You should be able to get a 'sick note' if you need one, from a doctor or pharmacist or other healthcare professional. But you don't need one for the first

seven days off work, you can self-certify, so you do not need to give any evidence for your employer.

Statutory Sick Pay is available to casual, zero-hours contract and agency workers. If you are an agency worker, your agency should pay Statutory Sick Pay.

How long you can receive SSP for

Statutory Sick Pay stops once you return to work. You should be aware that there is a limit of 28 weeks Statutory Sick Pay in any one period of sickness.

For more information visit: <https://www.gov.uk/statutory-sick-pay>